

**“I know what to do,
I just don’t do it.”**

**“I don’t know where
to start.”**

**“How can I save myself
from diabetes?”**

**What do you say to people
who are emotionally
connected to food?**

**What do you say to
participants about juice
consumption?”**

How do you feel about giving weight management advice after gaining awareness from this presentation?

**What support do you need
for giving weight related
advice to participants?**