

**When eating,  
what is the role  
of the parent  
and the child?**

# Feeding Children

## Lesson In a Box

### Activity 1: Activity Sign

**Al comer en  
familia, ¿qué  
responsabilidad  
tiene el padre y  
el hijo?**

# Feeding Children

## Lesson In a Box

### Activity 1: Activity Sign in Spanish



**Parents'  
Responsibilities**



**Children's  
Responsibilities**

# **Activity 1**

## **Parent's Responsibility Sign**

Responsibility Sign [Image]. (n.d.). Retrieved December 20, 2009, from Feeding Children Lesson, Nutrition and Health, NYC Cornell Cooperative Extension

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**Las  
Responsabilidades  
de los Padres**



**Las  
Responsabilidades  
de los Niños**

# **Activity 1**

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### Spanish

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Selecting and buying  
food

Presenting food

Making meals

Providing regular meals  
and snacks

Participating in meals

Providing age-  
appropriate table  
settings

Showing children  
appropriate meal time  
behavior

Providing pleasant  
mealtimes

Deciding whether to eat

Deciding how much food  
is eaten



Escoger y comprar los  
alimentos

Proveer los alimentos

Preparar las comidas

Ofrecer comidas y  
meriendas regularmente

Participar en las comidas

Proveer platos y vasos  
apropiados para la edad  
de los niños

Enseñar a los niños una  
conducta apropiada a la  
hora de las comidas

Proveer una atmósfera  
agradable a la hora de  
las comidas

Decidir si desean comer

Decidir cuánta comida  
desean comer



A close-up photograph of a brick wall with reddish-brown bricks and light-colored mortar. The text is overlaid on the upper half of the image.

# Parents' Responsibilities

A close-up photograph of a brick wall with reddish-brown bricks and light-colored mortar. The text is overlaid on the lower half of the image.

# Children's Responsibilities

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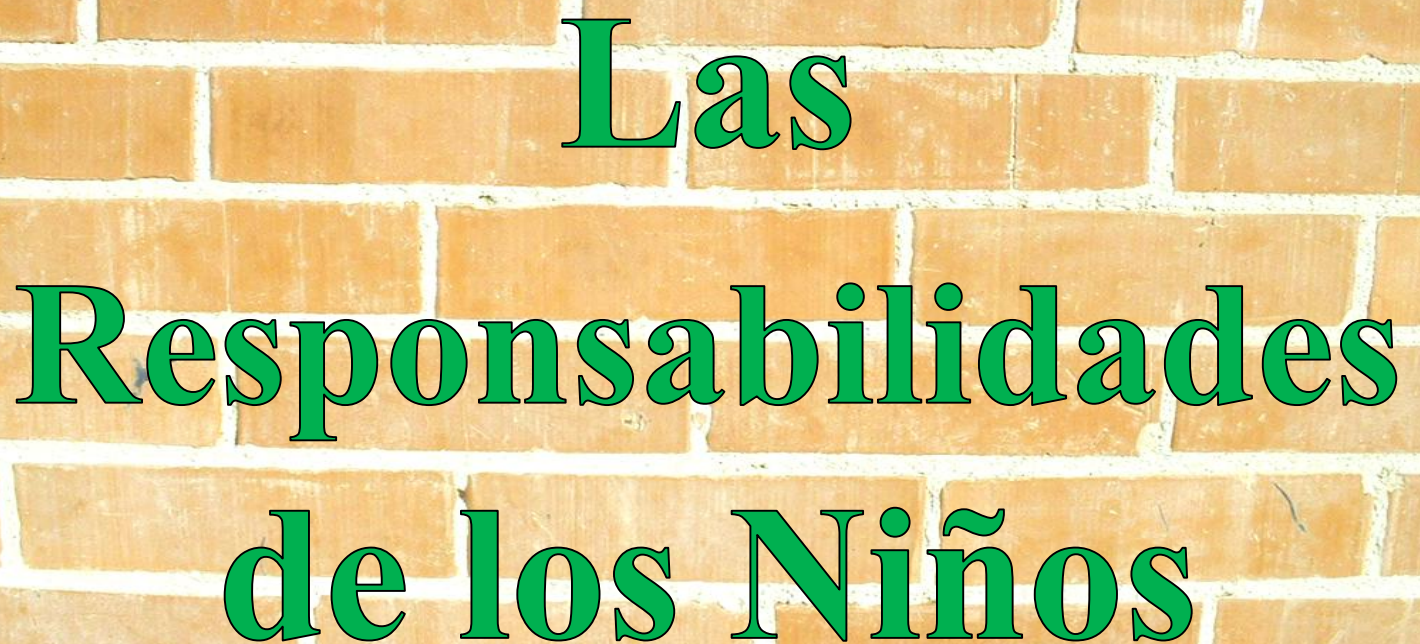
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A background image of a brick wall with reddish-brown bricks and light-colored mortar.

**Las  
Responsabilidades  
de los Padres**

A background image of a brick wall with reddish-brown bricks and light-colored mortar.

**Las  
Responsabilidades  
de los Niños**

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**Selecting  
and buying  
food**



**Making meals**

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A close-up photograph of a brick wall with reddish-brown bricks and light-colored mortar. The text is centered over the wall.

**Escoger y  
comprar los  
alimentos**

A close-up photograph of a brick wall with reddish-brown bricks and light-colored mortar. The text is centered over the wall.

**Preparar las  
comidas**

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**Participating  
in meals**



**Showing  
children  
appropriate meal  
time behavior**

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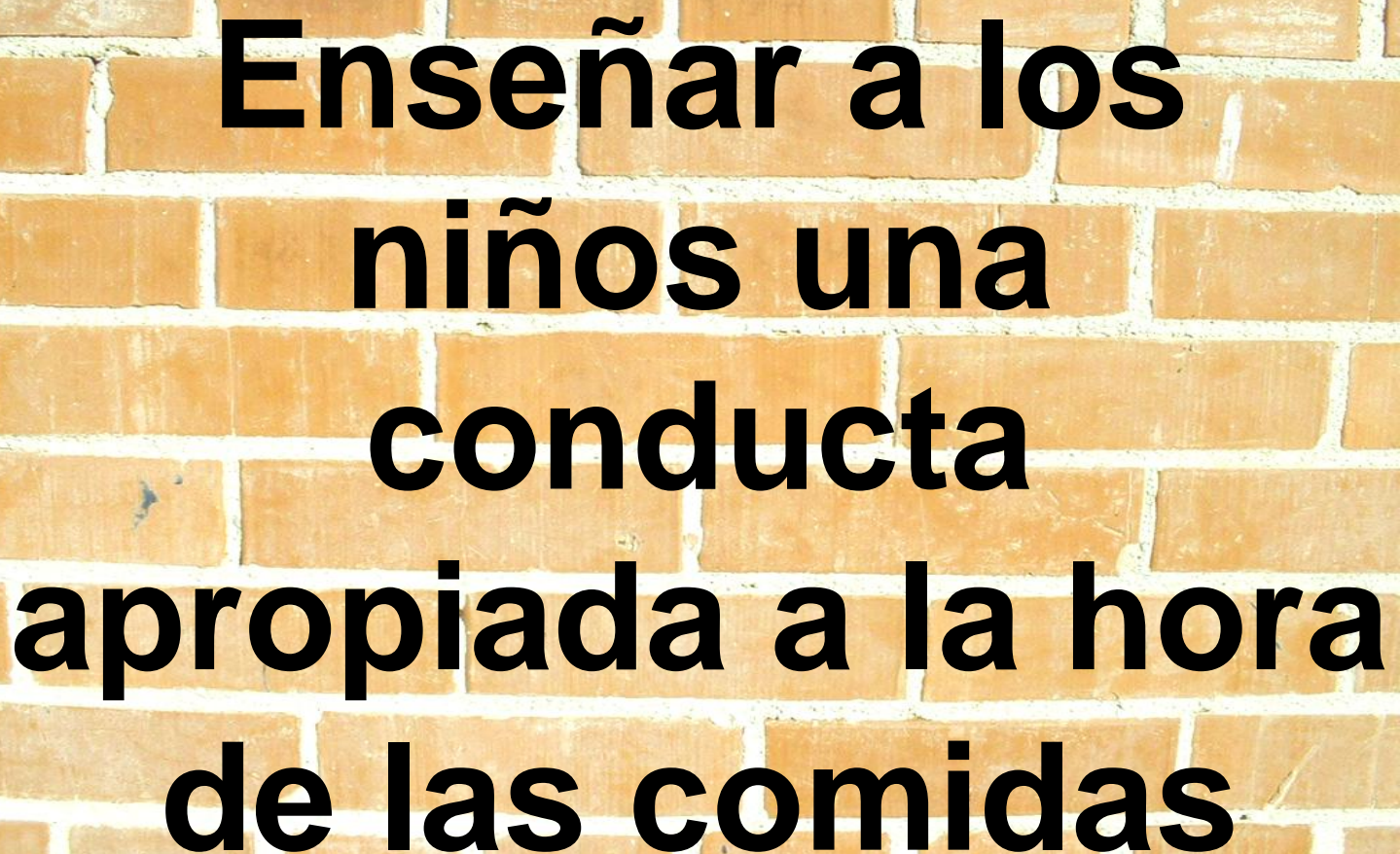
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**Participar en  
las comidas**

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**Enseñar a los  
niños una  
conducta  
apropiada a la hora  
de las comidas**

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**Providing  
pleasant  
mealtimes**



**Deciding  
whether to eat**

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**Proveer una  
atmósfera  
agradable a la hora  
de las comidas**

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**Decidir si  
desean comer**

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**Deciding how  
much food is  
eaten**



**Presenting  
food**

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**Decidir cuánta  
comida desean  
comer**

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**Proveer los  
alimentos**

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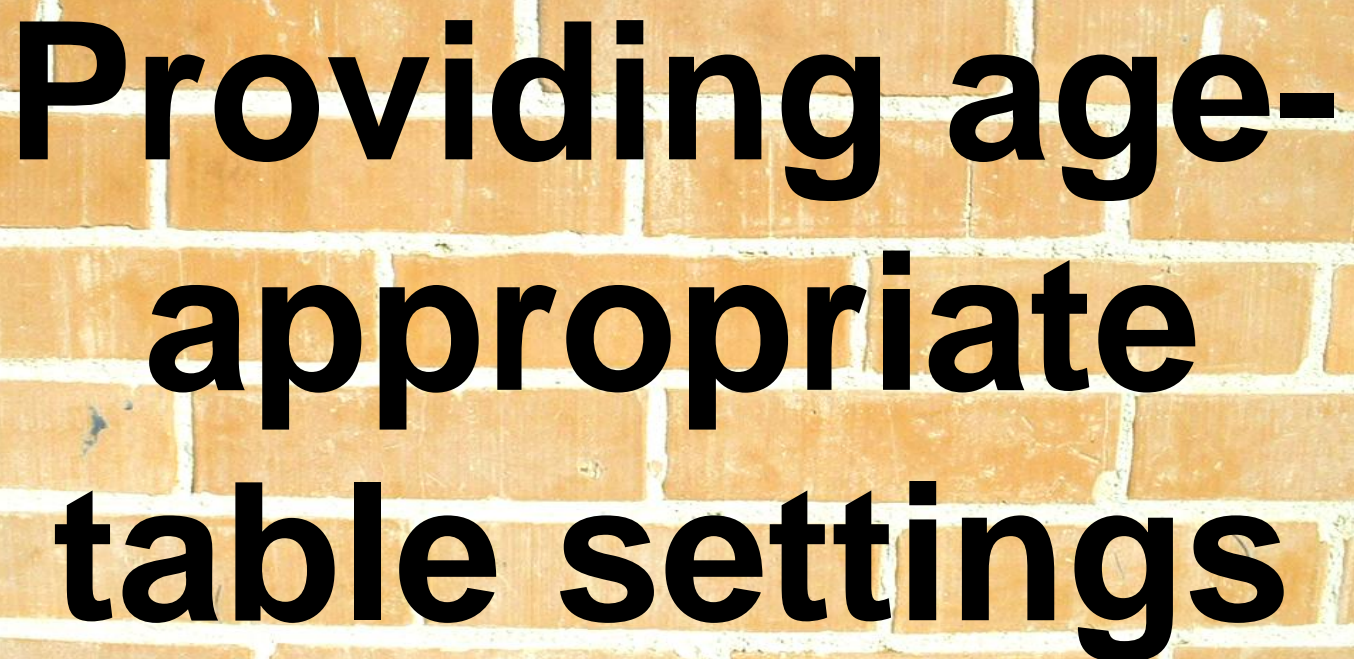
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**Providing  
regular meals  
and snacks**

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**Providing age-  
appropriate  
table settings**

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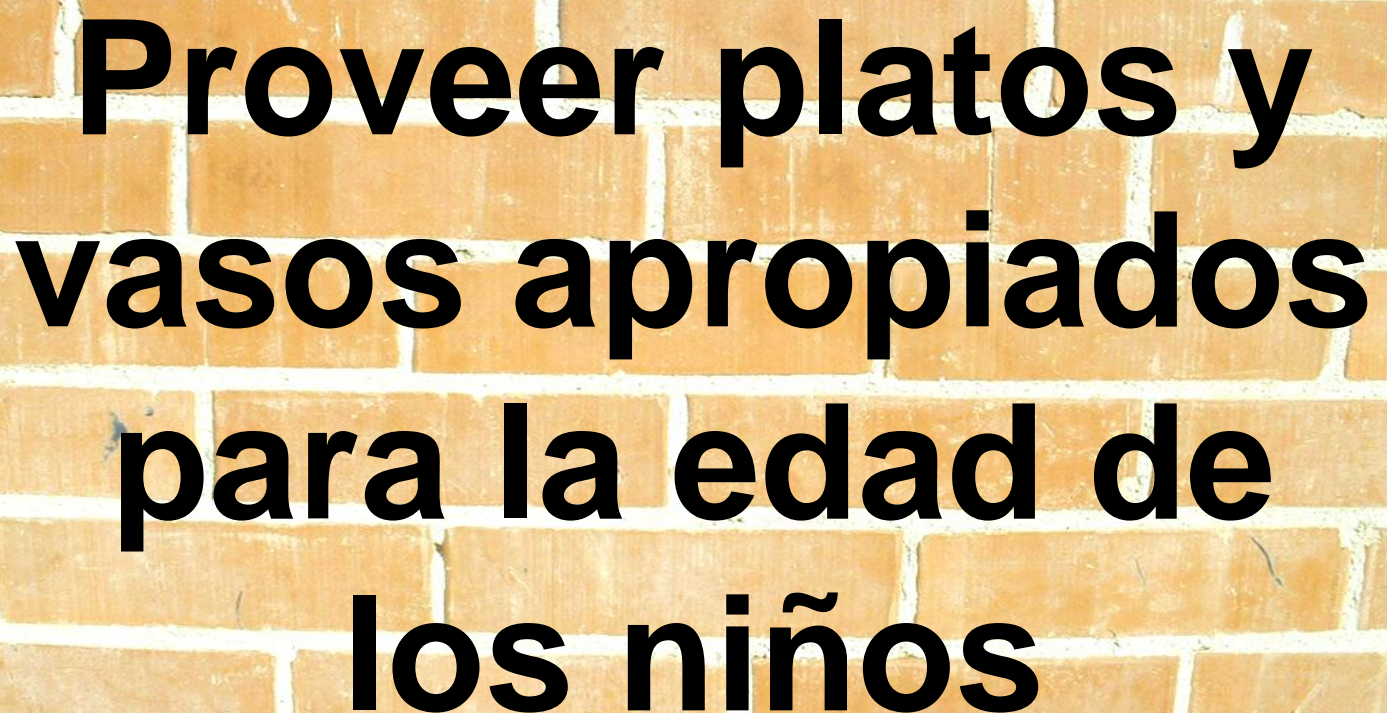
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A background of a brick wall with reddish-brown bricks and light-colored mortar. The text is centered and written in a large, bold, black sans-serif font.

**Ofrecer  
comidas y  
meriendas  
regularmente**

A background of a brick wall with reddish-brown bricks and light-colored mortar. The text is centered and written in a large, bold, black sans-serif font.

**Proveer platos y  
vasos apropiados  
para la edad de  
los niños**

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