

**How do you
thaw your food?**

Fight BAC! - CHILL

Lesson In a Box

Activity 1: Activity Sign

**¿Cómo
descongela su
carnida?**

Fight BAC! - CHILL

Lesson In a Box

Activity 1: Activity Sign Spanish



Activity 1

Turkey thawing on the counter in original package

UNSAFE

Picture taken by Linda Ameroso, CUCE-NYC Staff member

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Activity 1

Turkey thawing out of original package in sink

UNSAFE

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Activity 1

Turkey thawing in the refrigerator in original package in pan on bottom shelve

SAFE

Turkey Thawing in the Refrigerator [Online Image]. (n.d.). Retrieved November 23, 2009, from
media.photobucket.com,
<http://media.photobucket.com/image/thawing%20a%20frozen%20turkey/bfeiner/turkeythaw.jpg>

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Activity 1

Turkey thawing out of original package not in pan on top shelve of frig

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Activity 1

Turkey thawing in sink without running water

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Defrosting Turkey [Online Image]. (n.d.). Retrieved November 23, 2009, from flickr.com,
<http://www.flickr.com/photos/lobraumeister/3208590176/>

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Activity 1

Turkey thawing in container in sink under running water

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Defrosting Turkey [Online Image]. (n.d.) Retrieved November 23, 2009, from foodbuzz.com,
<http://www.foodbuzz.com/photos/0003/7751/quick-defrost-turkey.jpg>

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Activity 1

Turkey in original package thawing in microwave

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Activity 1

Turkey out of original package thawing in microwave

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Activity 1

Fish defrosting in sink under running water

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Defrosting Fish [Online Image]. (n.d.) Retrieved November 23, 2009, from photobucket.com, <http://media.photobucket.com/image/defrost%20turkey/lulamae/Blogging/Poached%20Mahi/CIMG0334.jpg>

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Activity 3

Leftovers packaged in smaller containers for storage

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Holiday Leftovers [Online Image]. (n.d.). Retrieved November 23, 2009, from apartmenttherapy.com, http://www.apartmenttherapy.com/uimages/kitchen/2008_12_4-Leftovers2.jpg

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