



Tea without sugar and milk

Nutrition Facts	
Serving Size	1 cup
Amount Per Serving	
Calories 2	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 7mg	0%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

NutritionData.com

Picture: http://www.peacefulmind.com/images/warm_tea.jpeg

Nutrition Facts: <http://nutritiondata.self.com/facts/beverages/3967/2>

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