

Nutrition & Health Workshop Series At-A Glance - FNLC

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6				
CONSENT Forms Signed; Demographics Started									
ENTRY Forms Filled Out; Behavior Checklist & Diet Recall		Diagnostic Report Received & Shared with Participants							
ENTRY Forms Submitted within within <u>3 days MAX</u> from Date of ENTRY!				Certificate Request to Denise					
						EXIT Forms completed including Behavior Checklist & Diet Recall Submit within 2 weeks of class completion date <u>AND</u> <u>Before end of Quarter</u>			
Day 1 Week 1	Day 2 Week 1	Day 3 Week 2	Day 4 Week 2	Day 5 Week 3	Day 6 Week 3	Week 4	Week 5		