

Nutrition & Health Workshop Series At-A Glance

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	Session 7	Session 8
<p>CONSENT Forms Signed; Demographics Started</p>		<p>Diagnostic Report Received & Shared with Participants</p>				<p>EXIT Forms completed including Behavior Checklist & Diet Recall</p> <p>.....</p> <p>Submit within 2 weeks of class completion date</p>	
<p>ENTRY Forms Filled Out; Behavior Checklist & Diet Recall</p>		<p>ENTRY Forms Submitted within <u>21 days MAX</u> from Date of ENTRY!</p>					
Day 1 Week 1	Day 7 Week 2					Day 14 Week 3	Day 21 Week 4